## Felt Like a Foodie

## Foodie Fun Day #3: CHILL at the Merchandise Mart Chicago

November 13, 2011 by Barb



I went to CHILL and the food was multiplying. I was losing control. 'Cause the delicacies they were supplying were electrifying. (Okay, anyone who saw the movie Grease knows I just butchered the lyrics to one of the best songs EVER!)

If my first paragraph made you think of me and my husband running around Merchandise Mart on Thursday night (*like Danny and Sandy in the funhouse*), you would be close! (*I did not have on cool spandex pants but I did wear a neat, flapper shirt!*)

On Thursday, November 10, 2011, I was lucky enough to attend CHILL in Chicago. Simply stated <a href="CHILL">CHILL</a> showcases 30 of Chicago's top chefs and 150 different types of wines while benefitting three great charities. (<a href="Respitory Health Association of Metropolitan Chicago">Respitory Health Association of Metropolitan Chicago</a>, <a href="Chicago Youth Symphony Orchestras">Chicago Youth Symphony Orchestras</a> and <a href="The Lynn Sage Foundation">The Lynn Sage Foundation</a>).

The best part is that you got free reign of the first floor of Merchandise Mart that features <u>LUXEHOME</u> one of the largest collections of premier boutiques for remodeling, design and homebuilding. (*I had some serious kitchen envy going on!*)

What did I eat? *Oh, you are so sweet to ask!* Here is just a small list of what was on the menus:



## Me and Chef Subido

- -Braised beef short rib with butternut squash puree and shredded cabbage by Chef Kristine Subido @ <u>WAVE</u>. (*Nice to see the familiar faces and eat her wonderful food again.*)
- -Maine Lobster Dim Sum with a white Truffle emulsion and a lobster Cream Sauce" by Chef Rhett M. Dukes @ Roy's Restaurant (It should have been called Dim YUM)



Chef Vilchez and Liz Samples

- -Sashimi grade Ahi Tuna, watermelon and chives mixed in spicy rice wine vinaigrette (rice wine vinegar, mirin, *house hot sauce*.) by Chef Francisco "Chico" Vilchez @ Nacional 27 (*This ceviche is a fusion of Brazilian and Asian flavors*)
- -Shishito pepper with ponzu and bonito flakes and prime beef tataki with truffle jus and fresh shaved mataki mushroom by Chef CE Bian @Roka Akor (Umami at it's best!)
- -Cake pops, vanilla panna cotta with a blood orange sauce and salt and pepper cookie and wickedly good pumpkin brownies with cream cheese frosting by <u>Lillycakes</u> in Naperville (Some of the prettiest desserts I've ever seen.)



Aren't those desserts by Lillycakes adorable?

-Shrimp and grits, Braised short ribs deep fried with a tempura batter and served with a bourbon bbq sauce and Pork belly on Asian salad by Chef Craig Bell, executive chef for Sub-Zero Wolf Midwest (*I'm still dreaming about that pork belly!*)

-Fluke Sashimi, Yuzu-espellette aioli, smoked artic char roe, Green Acres Farm beets by Chef Greg Bitters @ <u>Sofitel</u> Water Tower Place (I don't think I had ever "fluked" before it melted in my mouth.)



Me and Chef Hoyte

- -Homemade potato gnocchi w/ Alaskan king crab, butternut squash, hon-shimeji mushrooms, parisienne fall vegetables and topped with bulls blood by Chef Trevor Hoyte @ <u>IPO</u> (Yes, BULLS BLOOD! It is a type of micro-green. It was a tasty dish!)
- -Butternut squash Cappellacchi in a brown butter sage. (*One of my favorite bites of the night*) Autumn risotto (rice pudding) topped with red wine poached pear and ginger snap crumbs by Rosebud Restaurants
- -Butternut squash soup with cinnamon apples and black walnut crème fraiche in little "chef's hats" by Chef Greg Ellitott @ <u>Lockwood Restaurant</u> (*I'm a sucker for cute presentation*.)



Shrimp Cocktail at it's best!

-A "shrimp cocktail" with some AMAZING molecular gastronomy by Chef Michael McDonald at one sixtyblue.

For those of you who like your wine, it looked like there were options galore. I don't drink (*unless I don't like the company I'm with and then I down it like I'm on the Titanic*.) I was hearing rave reviews about the options available and would really recommend this type of venue for you connoisseurs of such libations. (*That was really a mouthful that you could swirl around your palette*.)

Now for my regular readers, you are saying, what is our little, small town foodie doing at all these big city events? As much as I read about food and new trends, I KNOW that I have to actually taste these delicacies so I can do my best to replicate the flavors at home. I'm taking one for the team. I know, it is a burden, but I'll do it for you! (Did you buy that? Nah, I didn't either but it was worth a shot!)



Look at how worn out I am!:)

If CHILL sounds like something you would like to attend, they've already announced the date for next year as November 15 so mark your calendar (Yes, I'll remind you since I know you don't have your 2012 calendar yet.)